

Parent Dispatch

SOUTH COUNTY COMMUNITY PARTNERSHIP

October 2018

OPEN PLAYGROUPS AT CHAFFEE RETURN!

Children ages 0 - 5 and siblings with their parents/caregivers are invited to explore and engage through free play and socialization! Registration is not required - for more information, please visit www.sccpartnership.wixsite.com/mysite or contact Amy Celona at acelona@oxps.org.

Open Playgroups

Tuesdays 10:00 - 11:00 am: ages 0-2

Wednesdays 9:30 - 11:00 am: ages 2-5
(siblings welcome)

**please visit
sccpartnership.wixsite.com/mysite
for full schedule**



This drop-in group requires no registration! Contact Amy Celona at acelona@oxps.org for additional information.

All programming provided by South County Community Partnership is FREE for families and open to residents of all towns.



Chaffee Elementary School
Room C-20
9 Clover St.
Oxford

(please enter through Door 10 on the Locust St. side of the school)



Programming made possible by a collaboration between South County Community Partnership and Oxford Public Schools. South County Community Partnership is funded by the Coordinated Family & Community Engagement (CFCE) grant from the Massachusetts Department of Early Education & Care (EEC)



UPCOMING EVENTS



WIGGLES & GIGGLES MUSIC PROGRAM

Calling all families of young children! Please join us in Room C-20 at Chaffee Elementary in Oxford on **Tuesday, October 9th from 10:00 - 11:00 am** for the Wiggles & Giggles Music Program with Miss Lainey!

This FREE educational music program focuses on parent/child engagement and interaction, offering opportunities to strengthen language development, memory skills, motor skill development, and self-expression through musical experiences!

Registration is required as space is limited! Please register at www.sccpartnership.wixsite.com/mysite or acelona@oxps.org.

All programs are open to families from all towns!

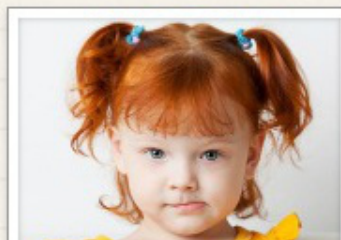
PUMPKIN STEAM WORKSHOP

Join us for a STEAM Workshop at Chaffee Elementary in Room C-20 on **Thursday, October 11th 1:00 - 2:00 pm**

October's STEAM Theme is PUMPKINS!

MESSY STEAM-related activities are geared towards families of children ages 2-5 from all towns and registration is required as space is limited! Please see www.sccpartnership.wixsite.com/mysite or email acelona@oxps.org for registration or additional information.

Programs are open to families residing in all towns!





LET'S TALK ABOUT ART! - TALKING IS TEACHING

Fun, everyday ways to boost children's early brain and language development through art

Imagination develops early in life, laying the foundation for a lifetime of creativity. There are many wonderful ways you can encourage children to get creative – whether it's through painting, drawing, building, or pretend playing! Whatever your child is creating, it's important to focus on the process rather than the final product. One way to do this is by talking, asking questions, and telling stories with your children as they engage in creative activities.

Here are a few simple art activities for young children and tips on how you can build their language skills:

- Finger painting is a fun way for young children to learn about colors. When your child finishes his art project, ask questions like: "Can you tell me about the colors you used?"
- Help your little one create shapes and patterns with playdough. It's a great way to introduce early math concepts. Ask, "What shapes and patterns can we make?"
- Let's draw! Provide your child with crayons to scribble or draw on paper or all around a cardboard box. When she's done,

NURTURE THEM, NURTURE YOURSELF - NATIONAL CENTER ON EARLY CHILDHOOD HEALTH & WELLNESS

All children misbehave or engage in challenging behavior sometimes. How you handle your child's misbehavior can make a big difference in how your child behaves throughout her life. Treating your child with kindness and respect will help her treat others with kindness and respect. You are modeling positive relationships. You can take steps to teach your child positive behaviors!

Nurture your child and yourself!

How to nurture your child

- listen to your child
- respond to your child's needs
- remain calm
- don't expect your child to be perfect
- model appropriate behavior—including saying sorry if you need to

How to nurture yourself

- take care of yourself
- take a break when you need it – if your child is safe
- don't expect yourself to be perfect

7 Tips and Tools - Help Your Child Feel Loved

1. Try to understand your child's behavior.
2. Validate your child's feelings – let her know you understand.

BOOKS BUILD BETTER BRAINS - REACH OUT AND READ

Reach Out and Read encourages all parents to make reading with their children part of their daily routine.

General

- Make reading part of every day, even for just a few minutes.
- Have fun.
- Talk about the pictures. You do not have to read the book to tell a story.
- Let your child turn the pages.
- Show your child the cover page. Explain what the story is about.
- Run your finger along the words as you read them.
- Silly sounds, especially animal sounds, are fun to make.
- Choose books about events in your child's life such as starting preschool, going to the dentist, getting a new pet, or moving to a new home.
- Make the story come alive. Create voices for the story characters.
- Ask questions about the story. What do you think will happen next? What is this?
- Let your child ask questions about the story. Talk about familiar activities and objects.
- Let your child retell the story.

encourage her to talk about what she drew by saying, "Tell me about your picture."

- Go on a nature walk. Parks and backyards are filled with natural materials that can be used for art projects! Ask them to describe the things they've found, "What do you see? What does it feel like? Smell like?"

Imaginative Play

Imaginative play is a great way to combine fun and learning! It helps children take different perspectives and learn to empathize with others. It can also teach children how to think outside the box - a critical ingredient for strong problem-solving skills!

Here are a few ideas on how you can encourage imaginative play:

- Use your imagination! Simple everyday items like cardboard boxes, egg cartons, plastic containers, and newspaper are perfect props to spark young imaginations. Transform a cardboard box into a car and drive around the house! Spark a conversation by saying, "Today, let's pretend we are going to..."
- Let's play a guessing game! Play an imaginative guessing game. You can say: "I'm imagining my own costume. It's going to be red. I am going to wear a hat and carry a hose. I will ride on a red truck. What am I?" Let your child guess or ask more questions to figure it out.

3. Set clear expectations and encourage the behavior you want.
4. Tell your child what you want him to do.
5. Give choices.
6. Spend time playing, reading, singing together.
7. Pay attention to your own feelings and thoughts.

See more at <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/nurture-them-nurture-yourself.pdf>

- Visit your local library often.

Reading with Your Baby

- Hold your baby on your lap while you read.
- Babies like...board books; pictures of babies; rhymes and songs from the same book over and over; and when you point at pictures - this is how babies learn!

Reading with Your 1-Year-Old

- Let your toddler move around while you are reading.
- Name the pictures - this is how toddlers learn new words.
- Read labels and signs wherever you go.
- Toddlers like ...the same book over and over; a book at bedtime; to choose and hold the book; books about food, trucks, animals, and children; and books with a few words.

Reading with Your 2-Year-Old

- Read labels and signs wherever you go.
- Keep different books around the house and let your child choose.
- Two-year-olds like ...to help turn the pages; to fill in the words in a story they know; to point and name pictures; to hear the same book over and over; books that are silly; and animal books and animal noises.

Reading with Your Preschool Child

- Have your child sit close or on your lap while reading.
- Ask questions about the story.

Then see if your child can give you clues so you can guess the costume she is imagining!

- Let's rhyme! Make up fun rhymes together. Ask your child: "What rhymes with 'zoo'? Moo! Boo! Sool!"
- Pretend to be animals! Take turns picking an animal and pretend to move and sound like them. Ask, "What kind of sound does a chicken make? How does it move? Eat? Sleep?"

- Let your child tell you stories.
- Make weekly visits to the children's room at the library so your child can choose more books.
- Children like ... longer books that tell stories; books without words; alphabet and counting books; books about families, friends, and going to school; and a book at bedtime.

From

<http://talkingisteaching.org/resources/lets-talk-about-art>

Reading tips from

<http://www.reachoutandread.org/resource-center/literacy-materials/reading-tips/>

Dr. Hutton Says

BUILD BABY'S BRAIN WITH BOOKS!

From **birth** to **12 months** it's all about...
SOUNDS, WORDS & FEELINGS!

NEWBORN

Start now! A nurturing family routine of reading aloud every day from birth will help your baby feel safe, loved, and ready for school and life.

1-2 MONTHS

Smile! Babies love faces and making emotional connections with people. They look, they listen, they feel...

2-5 MONTHS

Oohs and ahhs! Your baby's coos are more than cute – they're vowels! By practicing with loved ones, your baby is figuring out which sounds are important to learn to talk.

5-9 MONTHS

A babbling brook... Through all of that drool, you'll hear "mama," "dada," "baba," and more. Your baby is practicing consonants, new sounds to help them talk.

9-12 MONTHS

Talk to me! Like magic, all of a sudden your baby starts putting those coo (vowel) and babble (consonant) sounds together to make wonderful words!

Read aloud slowly and exaggerate sounds.

Babies love books with real pictures and bold contrasts.

Chewing books is normal - a sign of teething! Let baby explore sturdy board books by holding them, turning pages and even tasting!

Reading aloud together is so important to develop your baby's vocabulary. Beyond favorite books, pick new ones that provide new words and experiences. All of these words add up quickly!

It isn't just baby's body that is growing this first year —

DR. JOHN S. HUTTON
Pediatrician & Assistant Professor
Cincinnati Children's Hospital
Reading & Literacy Discovery Center

baby's brain is developing even more rapidly! Give your
baby the best start by reading aloud every day, for
at least **15 MINUTES**, right from birth.

Read Aloud
15 MINUTES
Learn more at
ReadAloud.org



SOUTH COUNTY COMMUNITY PARTNERSHIP

Facebook @sccp_oxford

South County Community Partnership is funded by the
Coordinated Family & Community Engagement (CFCE) grant
from the Massachusetts Department of Early Education & Care

9 Clover Street, Oxford, MA, USA

acelona@oxps.org

(508) 987-6057 .41120

sccpartnership.wixsite.com/m...